

Creativity Books

These are some books about creativity and artistic expression that I've enjoyed and learned from. Enjoy!

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General Creativity

Csikszentmihalyi, M. (1996). *Creativity: Flow and the psychology of discovery and invention*. New York: Harper Perennial.

Csikszentmihalyi, M. (1990). *Flow: The psychology of optimal experience*. New York: Harper & Row.

Kelley, T. (2001). *The Art of Innovation: Lessons in creativity from IDEO, America's leading design firm*. New York: Doubleday.

Michalko, M. (1991). *Thinkertoys: A handbook of business creativity*. Berkeley: Ten Speed Press.

Robinson, K. (2009). *The Element: How finding your passion changes everything*. New York: Viking Penguin.

Robinson, K. (2001). *Out of Our Minds: Learning to be creative*. West Sussex: Capstone.

Sawyer, K. (2007). *Group Genius: The creative power of collaboration*. New York: Basic Books.

Creativity with an artist focus

Bayles, D. & T. Orland. (1993). *Art & Fear*. Image Continuum: St. Paul, MN.

Cameron, J. (1992). *The Artists Way*. Tarcher/Putnum: New York.

Cameron, J. (2002). *Walking in this World*. Tarcher/Putnum: New York.

Any other books by Julia Cameron.

Cassou, M. & S. Cubley. (1995). *Life, Paint, & Passion: Reclaiming the magic of*

- spontaneous expression*. Tarcher/Putnum: New York.
- Dunnewold, J., C. Benn & L. Morgan. (2007) *Finding Your Own Visual Language: A practical guide to design & composition*. NPL Printers Ltd. Great Britain.
- Grout, P. (2000). *Art & Soul: 156 ways to free your creative spirit*. McMeel: Kansas City.
- Leland, N. (1990). *The Creative Artist: A fine artist's guide to expanding your creativity*. North Light Books: Cincinnati, OH.
- Loori, J. D. (2004). *The Zen of Creativity: Cultivating your artistic life*. Random House: New York.
- Sark. (1992). *Inspiration Sandwich: Stories to inspire our creative freedom*.
- Sark. (2004). *Make Your Creative Dreams Real*. Fireside: New York.
- Any other books by Sark.
- Tharp, T. (2003). *The Creative Habit: Learn it and use it for life*. Simon & Schuster: New York.